

Lesson 1: Why the New Birth is Essential

Scripture Focus: John 3:3 – *“Except a man be born again, he cannot see the kingdom of God.”*

Speaker’s Insights:

- Physical birth brings us into a human family; spiritual birth brings us into God’s family.
- Sin caused spiritual death and disconnection from God.
- Religion and good works cannot restore this connection—only Christ can.

Reflection Summary: The new birth is the only way to enter God’s family. It is not achieved by works or rituals but by faith in Christ, who reconciles us to the Father.

Key Takeaways:

- New birth = entrance into God’s family.
- Sin caused disconnection from God.
- Christ alone restores relationship.

Lesson 2: Born of Water and Spirit

Scripture Focus: John 3:5 – *“Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.”*

Speaker’s Insights:

- “Born of water” refers to cleansing and sanctification by the Word of God.
- The Word births, cleanses, and prepares the church as Christ’s bride.
- “Born of the Spirit” means the Holy Spirit works with the Word to create new life.

Reflection Summary: The new birth is both Word and Spirit. The Word cleanses and sanctifies, while the Spirit imparts life. Together they birth the believer into God’s kingdom.

Key Takeaways:

- Water = Word of God.
- Spirit = Holy Spirit imparting life.
- New birth is Word + Spirit working together.

Lesson 3: Putting Off the Old Man

Scripture Focus: Ephesians 4:22-24 – *“Put off...the old man...be renewed in the spirit of your mind...put on the new man, which after God is created in righteousness and true holiness.”*

Speaker's Insights:

- The old nature is corrupt and cannot be rehabilitated.
- Christ crucified the old nature at the cross.
- Believers must renew their minds and walk in the new nature.

Reflection Summary: The new birth is not rehabilitation but transformation. Believers must put off the old man and embrace the new identity created in righteousness and holiness.

Key Takeaways:

- Old nature = corrupt and sinful.
- Christ crucified the old man.
- New man = created in righteousness and holiness.

Lesson 4: Sons and Offspring of God

Scripture Focus: John 1:12-13 – *“But as many as received him, to them gave he power to become the sons of God...which were born...of God.”*

Speaker's Insights:

- Receiving Christ gives believers power to become sons of God.
- This birth is not by blood, flesh, or human will, but by God.
- Believers are God's offspring, resembling their Father in love, wisdom, and holiness.

Reflection Summary: The new birth makes believers sons of God and His offspring. Just as children resemble their parents, believers reflect the character of their heavenly Father.

Key Takeaways:

- Believers are sons of God.
- New birth is by God, not human effort.
- Offspring of God resemble His nature.

Lesson 5: Living in Christ

Scripture Focus: Acts 17:28 – *“For in him we live, and move, and have our being...for we are also his offspring.”*

Speaker’s Insights:

- The new birth centers life on Christ, not self.
- Believers live, move, and find their identity in Him.
- Sin no longer has authority over the new life.

Reflection Summary: The new birth redefines existence. Believers live in Christ, move by His Spirit, and find their being in Him. This is the true identity of God’s offspring.

Key Takeaways:

- Life is centered in Christ.
- Believers live and move in Him.
- Sin no longer rules the new life.

Q&A Section

1. Why can’t religion or good works restore man’s connection with God?
2. What does it mean to be “born of water and Spirit”?
3. Why must believers put off the old man?
4. How does receiving Christ make us sons of God?
5. What does it mean to be God’s offspring?
6. How does Acts 17:28 describe the believer’s new life in Christ?
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